## Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing children who are in nappies

## 6.4 Nappy changing

## Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## Procedures

- We support parents who are in the process of potty training and the child's Key Persons have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.?
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Our staff undertake the changing of children within the room they are working
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are objects of interest to take the child's attention.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Each child has their own bag on their peg with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the areas are prepared.
  Paper towel is put down on the changing mat freshly for each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.

- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the liquid soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Any soil (faeces) in nappies or pull ups is flushed down the toilet where possible and the nappy or pull up is bagged sufficiently and given to parents/carers to take home and dispose of. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal need. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This	policy	was	adopted	by
On				

Sunnymede Preschool

27<sup>th</sup> April 2019